

# JUNE

## June is PTSD Awareness Month

SPREAD THE WORD | RAISE AWARENESS

### FOR HEALTH CARE PROVIDERS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> Take the <a href="#">pledge</a> to raise PTSD Awareness	<b>2</b> Use one of our <a href="#">social media images</a> for your signature block	<b>3</b> Learn how the <a href="#">PTSD Consultation Program</a> can help you	<b>4</b> Learn about our <a href="#">mobile apps</a> to share with your clients	<b>5</b> Use <a href="#">Stress First Aid</a> : Text a coworker to check in
<b>6</b> Learn about trauma and PTSD in <a href="#">specific populations</a>	<b>7</b> Order free information booklets, posters and other PTSD materials	<b>8</b> Plan a PTSD Awareness presentation with our customizable <a href="#">slide deck</a>	<b>9</b> Learn more about <a href="#">best practices</a> for PTSD treatment	<b>10</b> Learn how to use the <a href="#">PTSD Treatment Decision Aid</a>	<b>11</b> Explore our free online <a href="#">Continuing Education courses</a>	<b>12</b> Share <a href="#">AboutFace videos</a> with your clients
<b>13</b> Subscribe to our <a href="#">e-newsletters</a> !	<b>14</b> Show patients our short <a href="#">animated whiteboard videos</a>	<b>15</b> Learn about our PTSD <a href="#">screening and assessment measures</a>	<b>16</b> Join the <a href="#">PTSD Consultation Lecture Series</a> webinar today	<b>17</b> <a href="#">Follow us</a> on Twitter	<b>18</b> Manage well-being with our <a href="#">Provider Self-Care Toolkit</a>	<b>19</b> Share Veteran stories of healing at <a href="#">AboutFace</a>
<b>20</b> Retweet one of our <a href="#">#PTSDAwareness tweets</a>	<b>21</b> Check out our <a href="#">patient education</a> materials	<b>22</b> Search our <a href="#">PTSDpubs</a> article database	<b>23</b> Share the <a href="#">Community Provider Toolkit</a> with a non-VA colleague	<b>24</b> Share <a href="#">PTSD Family Coach</a> and <a href="#">Understanding PTSD</a>	<b>25</b> Explore our clinical trials database: <a href="#">PTSD-Repository</a>	<b>26</b> Host a training using <a href="#">PTSD Awareness in Health Care Settings</a>
<b>27</b> Subscribe to our <a href="#">YouTube channel</a>	<b>28</b> Check out our <a href="#">en Español</a> website for resources to share	<b>29</b> Order our <a href="#">Prescription Pad for Behavioral Health</a> for your clients	<b>30</b> Explore <a href="#">our website</a> to stay up-to-date about PTSD			